

## Sweet & Spicy Chicken Stir Fry

Great tasting stir fry recipe from Webbs Butchers, which uses the Argentina Marinade from ScobiesDirect.

### Method

| Ingredients                                | %           | Example Batch (g) |
|--|-------------|-------------------|
| 1 ARGENTINA MARINADE 3KG PAIL, SJ# MM12630 | 6.0%        | 116               |
| 2 CHICKEN BREAST                           | 62.0%       | 1,200             |
| 3 DICED BELL PEPPERS                       | 16.0%       | 310               |
| 4 DICED ONION                              | 15.0%       | 290               |
| 5 CHILLIES                                 | 1.0%        | 19                |
|  | <b>100%</b> | <b>1,935</b>      |

1 Slice the chicken breast into small pieces - about 1/4-inch thick. Slice the bell peppers and onion. Combine the ingredients and mix well

### Cooking Suggestion

Stir Fry in a wok or frying pan for around 15 mins. Ensure meat is cooked thoroughly before serving.

### Serving Suggestion



Remember you can buy all your Ingredients, Packaging, Sundries and Machinery at competitive prices at [www.scobiesdirect.com](http://www.scobiesdirect.com)

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