

## Injection Cure for Ham or Gammon

Makes a delicious sweet ham or gammon

### Method

#### Ingredients

		%	Example Batch (g)
1	PORK LEG	94.5%	4,725
2	SWEET BACON OR HAM CURE 10KG PAIL, SJ# OC31104	0.8%	40
3	COLD WATER	4.7%	235
		<b>100%</b>	<b>5,000</b>

- 1 Dissolve the cure mix in cold water
- 2 Inject the brine into the meat muscle, up to 5.5% of the meat weight
- 3 Vacuum pack, and store in the chiller, turning every 2-3 days, for a minimum of 15 days total
- 4 Remove from packaging, rinse and re-vacuum pack
- 5 Store in chiller until sold

### Serving Suggestion



Remember you can buy all your Ingredients, Packaging, Sundries and Machinery at competitive prices at **[www.scobiesdirect.com](http://www.scobiesdirect.com)**

© 2025

Scobie & Junor (Estd. 1919) Ltd, 1 Singer Road, East Kilbride, Scotland, G75 0XS

Tel: 01355 237041 Fax: 01355 263585 e-mail: [info@scobiesdirect.com](mailto:info@scobiesdirect.com)

Scobie & Junor (Ireland) Ltd, 14 McKinney Road, Mallusk, Newtownabbey, Co Antrim, BT36 4PE

Tel: 028 9084 1025 Fax: 028 9084 3547