

Shredded Beef Stir Fry

A sweet stir fry with a delicious spicy kick.

Method

Ingredients

		%	Example Batch (g)
1	BEEF STRIPS	50.0%	500
2	CHOPPED SPRING ONION	10.0%	100
3	DICED BELL PEPPERS	10.0%	100
4	HONEY & CHILLI SAUCE 2.5KG BOTTLE, SJ# MM15301	30.0%	300
		100%	1,000

- 1 Cut the meat into strips
- 2 Combine with diced veg
- 3 Add sauce and mix
- 4 Garnish and display

Cooking Suggestion

Stir Fry in a wok or frying pan for around 15 mins. Ensure meat is cooked thoroughly before serving.

Serving Suggestion



Remember you can buy all your Ingredients, Packaging, Sundries and Machinery at competitive prices at www.scobiesdirect.com

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