Fruit and Nut Haggis

A delicious fruit and nut haggis.

Method

	Ingredients	%	Example Batch (g)
1	HAGGIS MIX 1.135KG, SJ# SE60258	27.8%	2,780
2	VEGETABLE OIL	16.6%	1,660
3	HOT WATER	27.8%	2,780
4	SULTANAS	8.3%	830
5	BROKEN WALNUTS/HAZELNUTS	8.3%	830
6	DICED ONION	11.2%	1,120
		100%	**10,000**

1. Mix all ingredients together
2. Fill into artificial casings
3. Cook in water or steam at Cook in water at 80 degrees C (176F) for 90 minutes or until contents reach 72 degrees C (160F) internal temperature.

Cooking Suggestion

BBQ, grill or pan-fry. Cook 4-6 mins, turn during cooking.

Serving Suggestion

Image: Fruit and Nut Haggis

Remember you can buy all your Ingredients, Packaging, Sundries and Machinery at competitive prices at **www.scobiesdirect.com**

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