

Sweet & Spicy Chicken Stir Fry

Great tasting stir fry recipe from Webbs Butchers, which uses the Argentina Marinade from ScobiesDirect.

Method

Ingredients

		%	Example Batch (g)
1	ARGENTINA MARINADE 3KG PAIL, SJ# MM12630	6.0%	116
2	CHICKEN BREAST	62.0%	1,200
3	DICED BELL PEPPERS	16.0%	310
4	DICED ONION	15.0%	290
5	CHILLIES	1.0%	19
		100%	1,935

- 1 Slice the chicken breast into small pieces - about 1/4-inch thick. Slice the bell peppers and onion. Combine the ingredients and mix well

Cooking Suggestion

Stir Fry in a wok or frying pan for around 15 mins. Ensure meat is cooked thoroughly before serving.

Serving Suggestion



Remember you can buy all your Ingredients, Packaging, Sundries and Machinery at competitive prices at www.scobiesdirect.com

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