

'Tarezuke' Dishes

New for Butchers!



What is 'tarezuke'?

Tarezuke is a meat, vegetable or seafood product that is packed and sold already in sauce. The customer simply pan-fries or oven-cooks at home. It offers a simple but genuine taste of Japan.

※Use approx. 20%~30% sauce to ingredients



Chicken Teriyaki

Ingredients (1 pack).....

Chicken Breast 250g

Teriyaki Sauce 50g

Cooking Instructions

Oven: Cook for 20 mins at 180° C .

Pan-fry: Cook either side on high heat to seal, cook for a further 8 mins on medium-low heat then add sauce.

Teriyaki Burger

Ingredients (serves 1)

120g Meat patty (grilled) 20g Teriyaki Sauce

One roll Chips and cherry tomatoes

Method

- 1) Cut the roll and put 10g of Teriyaki Sauce on the bottom half.
- 2) Place hamburger on roll, drizzling another 10g of Teriyaki sauce on top.
- 3) Place lettuce and top half of roll on top.
- 4) Arrange on a plate with chips and cherry tomatoes.

At The Counter

